

**Meal Prices**

Student Lunch: \$3.45 to \$4.70

Reduced Lunch: \$ .40

Adult Lunch: \$4.50

**Conestoga High School  
Lunch Menu  
Aug/Sept**



Please register at [www.schoolcafe.com](http://www.schoolcafe.com) and view your child's account balance, statement, add restrictions and receive low balance email notifications. All for free! Deposits made on-line will incur a \$2.25 fee. All other services are free.

**ENTRÉE**

**VEGETABLES**

**FRUITS**

M 8/27	Chicken Broccoli Alfredo w/ Noodles	Broccoli	Baby Carrots w/Dip	Apple Slices	Mixed Fruit
T 8/28	Cheese Ravioli with Spaghetti Sauce	Carrot Coins	Broccoli w/dip	Peaches	Apple
W 8/29	Macaroni & Cheese	Tomato Soup	Carrot Sticks	Applesauce	Pears
T 8/30	Roasted Chicken/ Dinner Roll	Mashed Potatoes	Baked Beans	Pears	Peaches
F 8/31	Spaghetti w/Meatballs	Green Beans	Cuc Slices w/Dip	Applesauce	Orange

M 9/3	<b>Labor Day - No School</b>				
T 9/4	Pizza Dippers Marinara Sauce	Corn	Carrot, Celery Stix	Peaches	Banana
W 9/5	French Bread Pizza	Tossed Salad	Baby Carrots w/Dip	Mixed Fruit	Pears
T 9/6	Teriyaki Chicken Dinner Roll	Oriental Vegetables	Broccoli w/dip	Mandarin Orange	Grapes
F 9/7	BBQ Pulled Pork on a Kaiser	Creamy Potato Salad	Baked Beans	Pears	Pineapple

M 9/10	<b>No School</b>				
T 9/11	Sesame Chicken over Rice	Peppers & Snow Peas	Broccoli	Apple Slices	Mixed Fruit
W 9/12	Meatball Sandwich on a Sub	Tossed Salad	Carrot Sticks	Mandarin Orange	Apple
TH 9/13	Italian Hoagie on a Sub Roll	Baked Beans	Cuc Slices w/Dip	Applesauce	Peaches
F 9/14	Chicken Parmesan over Pasta	Peas	Carrot, Celery Stix	Fresh Orange	Pears

M 9/17	Toasted Cheese	Tomato Soup	Baby Carrots w/Dip	Diced Peaches	Mixed Fruit
T 9/18	Lasagna Roll-ups	Tossed Salad	Broccoli w/dip	Apple Slices	Pears
W 9/19	<b>No School</b>				
T 9/20	Pizza Dippers with Marinara Sauce	Steamed Broccoli	Carrot Sticks	Peaches	Banana
F 9/21	Fish Fillet Sandwich	Baked Beans	Cuc Slices w/Dip	Mixed Fruit	Applesauce

M 9/24	Chicken Cacciatore over Rice	Tossed Salad	Baby Carrots w/Dip	Fresh Grapes	Pears
T 9/25	Italian Sausage on a Roll	w/Peppers & Onions	Broccoli w/dip	Mixed Fruit	Peaches
W 9/26	Macaroni & Cheese	Tomato Vegetable Soup	Carrot Sticks	Apple Slices	Pears
T 9/27	Roasted Chicken	Mashed Potatoes	Cuc Slices w/Dip	Mixed Fruit	Apple
F 9/28	Baked Pasta w/ Cheese n Sausage	Steamed Carrots	Carrot, Celery Stix	Peaches	Pears

**DAILY ENTRÉE'S**

<p><b>Grill</b> </p> <p>Cheeseburger, Grilled Chicken, Chicken Patty, Vegetarian Burgers</p>	<p><b>Pasta Bar</b> </p> <p>Two Pasta's and Two Sauces Available Daily</p>	<p><b>Deli Bar</b> </p> <p>Assorted Meats Cheeses Salads and Assorted Bread and Rolls</p>	<p><b>Nacho Bar</b> </p> <p>Nacho's Cheese Seasoned Meat</p>
<p><b>Soup</b> </p> <p>Soup and Chili Daily</p>	<p><b>Pizza</b></p> <p>Mickey's Cheese Pizza Plus One Daily Special</p>	<p><b>Express</b> </p> <p>Pre-Made Deli Sandwiches and Salads</p>	<p><b>Salad Bar</b> </p> <p>Traditional Salad Bar and Daily Specialty Bar</p>

(8oz) 1% White Milk, Non-Fat White Milk and Non-Fat Chocolate Milk included with all Meals

General Kitchen Worker Positions now available! Apply on the TESD website at: <https://www.tesd.net/Page/210>

SchoolCafé registration is FREE giving you access to account balances, low balance email notifications, restrictions and statements. We strongly encourage all Parents/Guardians to register. Point of Sale payments can be made by check or cash at school. Please include your child's name and pin # with all pre-payments. You may also pay online at [www.schoolcafe.com](http://www.schoolcafe.com). SchoolCafé charges \$2.25 transaction fee for deposits made online, but all other services are free.